sugar bowl

Juices & Smoothies

Juices	Small $7.50	Large $10.00
ABC	Apple, Beetroot, Carrot, Ginger	
Kick Starter	Orange, Carrot, Lemon, Ginger	
All For One	Apple, Pear, Pineapple, Orange, Watermelon	
The Buzz	Apple, Kale, Cucumber, Carrot, Lemon, Ginger	
Daily Cleanse	Apple, Celery, Kale, Cucumber, Ginger	
Bloody Yum	Watermelon, Pineapple, Beetroot	

Smoothies	Small $8.50	Large $11.00
Bananrama	Banana, Honey, Yoghurt, Cinnamon, Ice, Full Cream Milk	
Mango Passion	Frozen Mango, Banana, Honey, Yogurt, Full Cream Milk	
Mixed Berries	Frozen Berries, Yoghurt, Full Cream Milk	
The All Greens	Spinach, Kale, Avocado, Pear, Cucumber, Ice, Almond Milk	
Brekkie Oats	Rolled Oats, Frozen Berries, Honey, Yoghurt, Almond Milk	

Extras	Peanut Butter $1.00	Vanilla Protein $3.50